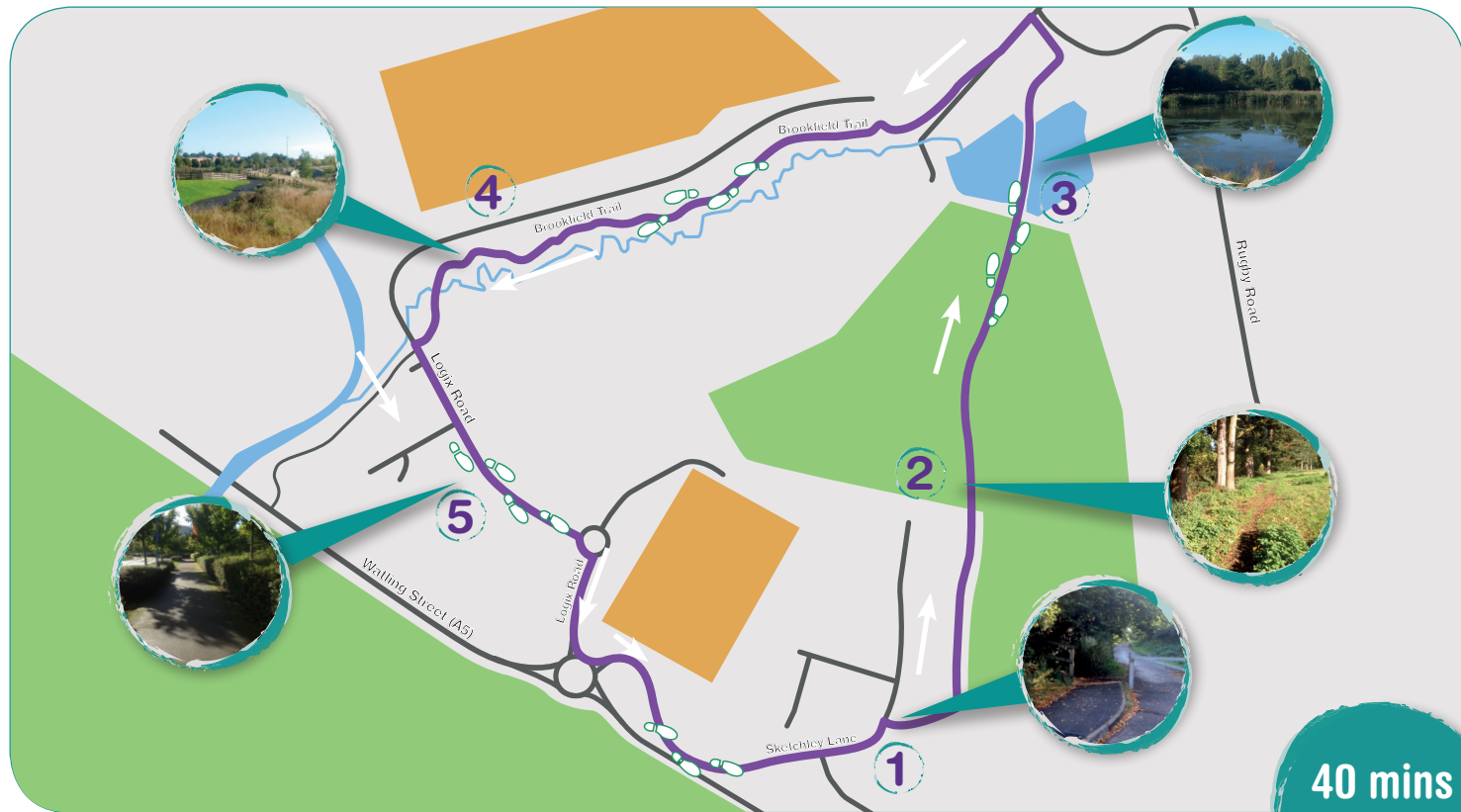


Sketchley Meadows Circular



40 mins
1.86 miles

Quick Tips

Walking helps clear your mind
and your overall mental health

Sketchley Meadows Circular



Route Guide

- 1** A walk of contrasts. Starting at Sketchley Meadows Industrial Estate at the bottom of Sketchley Lane, follow the tarmac path for a short distance before turning left onto a footpath clearly waymarked by a finger post.
- 2** Proceed along the back of the industrial park with units on your left and open fields to your right. Known locally as The Knobbies, there is a great example of medieval ridge furrow retained in the field. Take care as it can be muddy at times and watch out for cowpats!
- 3** As you enter the field follow the edge on your right downhill to a stile. Cross this and continue to a bridge which takes you back onto a metalled pathway, all the way to in sight of the Hinckley Hub.
- 4** Turn left and as you get to the junction with Amber Way, keep to the left of this sign and follow the sandy pathway (Brookfield Trail) which runs alongside Europe's biggest distribution centre DPD. Follow this path as far as you can and then cross the road. Follow the footpath alongside the Logix Road. Take care crossing the entrances of several businesses that have traffic movement throughout the day.
- 5** At the roundabout by Syncreon Technology turn right and follow the path right up to the A5 roundabout. Turn left across the road back onto the Sketchley Industrial Estate and follow the path back to the start.



Quick Tips

Incorporate walking into your daily routine to make it a habit

Sketchley 3