

Coventry Road Circular



40 mins
2.08 miles

Quick Tips

On average 1 mile = 2000 steps

Coventry Road Circular



Entrance to Ashby Canal
from Coventry Road



Ashby Canal



Entrance to footpath to Brindley Road

Route Guide

- 1 From the entrance to the Harrowbrook Estate head towards the town along the Coventry Road along the shared cycle way. Just past Tungsten park and before the turning for the marina, turn left down a set of steps to the Canal.
- 2 Follow the towpath alongside the canal past the marina entrance until you are just short of the bridge over the canal that carries the A47.
- 3 At this point there is a path and bridge to your left which leads you into the bottom of Brindley Road. Follow the twists and turns of this road until you reach the main road (A47).
- 4 Turn left and follow this all the way round to the A5 roundabout where turning immediately left again will bring you back along the Coventry Road to your starting location.



Quick Tips

Walking 10,000 steps a day briskly can burn around 400 calories

Harrowbrook 3